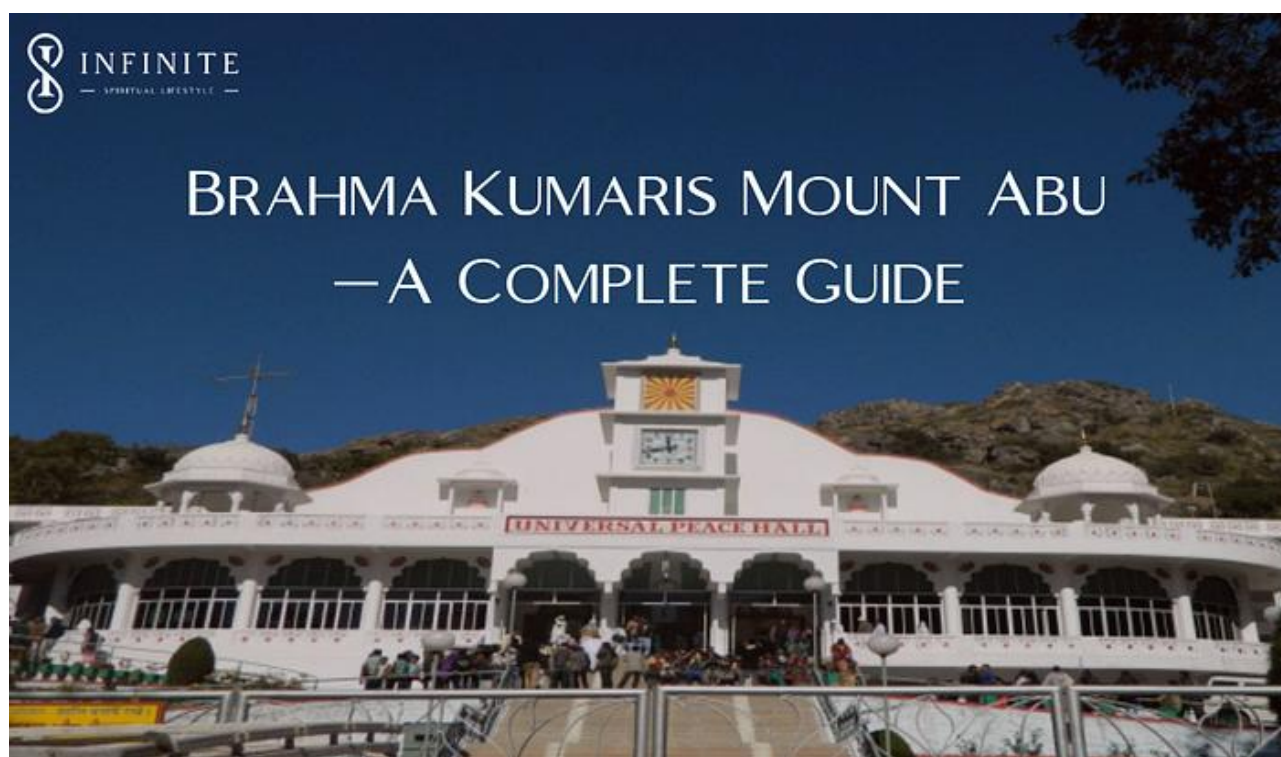




Brahma Kumaris Mount Abu — Everything You Need to Know

Mount Abu is famous for peace and spirituality. Among its many attractions, the Brahma Kumaris Mount Abu stands out. It is not just a centre. It is an experience that brings calmness, clarity, and positivity. Whether you seek meditation, spiritual wisdom, or a peaceful stay, this place has it all.

In this guide, let's explore everything you need to know about the Brahma Kumaris Mount Abu. From locations and stays to Brahma Kumaris Mount Abu booking, we'll cover all in detail.



The Story of Brahma Kumaris in Mount Abu

The Brahma Kumaris organization began in 1937. Founded by Prajapita Brahma Baba in Hyderabad, Sindh (now in Pakistan), it later moved to Mount Abu after partition. Since then, Mount Abu has become its headquarters.

Today, the spiritual university attracts people from over 130 countries. The place offers courses in meditation, self-awareness, and positive living. You will meet seekers, learners, and spiritual teachers under one roof.

The serene hill station of Mount Abu adds more charm. Surrounded by Aravalli hills, it feels like nature and divinity meet here.

Why Visit Brahma Kumaris Mount Abu?

Visiting Mount Abu itself is refreshing. But stepping into the Brahma Kumaris campus is different. Here are reasons why people travel from far and wide:

- Calm surroundings are ideal for meditation.
- Free courses on Rajyoga meditation.
- Spiritual libraries and guided lectures.
- Grand Shantivan complex with peaceful gardens.
- Daily sessions on stress management and positive living.

The aura here is unmatched. Many visitors feel instant peace and energy when they enter the campus.

Main Centres to Explore

The Brahma Kumaris Abu Road campus is massive. It includes different centres with unique features.

1. Pandav Bhawan

This is the oldest centre. It has a meditation hall, a spiritual museum, and meeting rooms. It is also the original headquarters of the organization.



2. Shantivan

Shantivan is the largest campus on Abu Road. It has an auditorium with 20,000 seating capacity. There are meditation halls, gardens, and spaces for mass spiritual gatherings.



3. Global Peace Park

A beautiful park where meditation is practiced in open spaces. The calm environment makes it ideal for silence and self-reflection.



4. Om Shanti Bhawan (Main Administrative Wing)

Also called Universal Peace Hall. It can seat 5,000 people. Daily lectures and meditation sessions are held here.



What About the Stay Experience?

If you plan to stay, you are in luck. The Brahma Kumaris Mount Abu stay facilities are neat, clean, and simple. Rooms are designed to help you live in harmony.

- Dormitories, shared rooms, and private rooms are available.
- Food is pure vegetarian and served at fixed timings.
- Separate accommodation for families, groups, and solo travelers.
- Peaceful environment with no distractions.

The accommodation is not like hotels. It is more like ashram-style living. You experience simplicity and discipline.

Brahma Kumaris Mount Abu Booking

Booking your stay is easy, but it must be planned. You can do Brahma Kumaris Mount Abu booking online through their official website or by contacting local centres.

Key Points for Booking:

- Submit your request in advance.
- Mention dates and the number of people.
- Wait for confirmation from the centre.
- Carry a government ID proof while arriving.

There are no charges for meditation courses. But staying and food arrangements may involve a donation-based system.

The Big Question: How Much Does It Cost?

People often ask about the Brahma Kumaris Mount Abu booking price. The organization follows a voluntary donation system. That means there is no fixed price.

However, if you stay in guest houses, you may pay a minimal amount. The cost is much lower compared to hotels in Mount Abu. Usually, charges range between ₹200 to ₹800 per person per day, depending on the type of room.

Food is often included in the stay cost.

When Is the Best Time to Go?

Mount Abu has pleasant weather most of the year. But the best time to visit the Brahma Kumaris campus is between October and March.

- Summers (April–June): Warm but manageable.
- Monsoons (July–September): Lush greenery, but humid.
- Winters (October–March): Cool and refreshing.

If you want to attend special programs or international retreats, check the official calendar.

Tips to Make Your Visit Better

Visiting the Brahma Kumaris campus is different from going to a tourist spot. Here are a few tips:

- Carry simple clothes. Avoid flashy outfits.
- Be ready to follow discipline and timings.
- Mobile use is restricted in some areas.
- Alcohol, smoking, and non-veg food are not allowed.
- Respect silence zones and meditation halls.

Remember, this is a spiritual university. The goal is to learn and experience peace.

How to Reach Brahma Kumaris Mount Abu?

The campus is easily accessible from both Mount Abu town and Abu Road railway station.

- **By Train:** The nearest station is Abu Road, 28 km away.
- **By Road:** Buses and taxis connect Mount Abu with Jaipur, Udaipur, and Ahmedabad.
- **By Air:** Nearest airports are Udaipur (185 km) and Ahmedabad (220 km).

From Abu Road, you can hire taxis or take local buses to reach the campus.

Final Thoughts

The **Brahma Kumaris Mount Abu** is not just a place. It is an inner journey. From meditation to spiritual learning, everything here guides you towards peace. Whether you go for a day or stay for a week, you return lighter and happier.

So, if you want to recharge your mind and soul, plan your visit soon.

Ready to explore peace and simplicity? Book your Brahma Kumaris Mount Abu stay today with [Infinite Spiritual Lifestyle](#) and begin your journey to inner calm.

FAQs

Q1. What is the Brahma Kumaris Mount Abu famous for?

It is famous for Rajyoga meditation, spiritual courses, and peaceful surroundings.

Q2. How can I book Brahma Kumaris Mount Abu?

You can book online through their official site or contact local centres.

Q3. What is the Brahma Kumaris Mount Abu booking price?

There is no fixed fee. It is donation-based, with minimal stay charges.

Q4. Can I stay on the campus?

Yes, Brahma Kumaris Mount Abu stay facilities are available for individuals and groups.

Q5. Is food provided during the stay?

Yes, pure vegetarian meals are served at fixed times daily.

Q6. Do I need to pay for meditation courses?

No, meditation and lectures are free. Only accommodation may involve a donation.

Q7. Can families visit together?

Yes, family rooms and group accommodation are available.

Q8. Is photography allowed?

Photography is limited. Specific meditation halls restrict mobile and camera use.

Q9. When is the best time to visit?

October to March is the best season to visit Mount Abu and the campus.

